Integrated Learning A/B
(Sport and Recreation)

**Level:** Stage 1

**Course length:** 1 semester or
2 semesters

**Credit value:** 10 Credits
20 Credits

**Advice to students**
No background knowledge is required.
An interest in and willingness to participate in sport, recreation and fitness activities is essential to this subject.

**Course overview**
This is a school-developed program focussing on all aspects of sport, recreation and fitness activities. Activities may include involvement in College events as a focus for planning, marketing, organising and participating in Sport and Recreation events.
The course has a focus on skill development and collaboration to aid students in developing their planning, organisational, collaborative research, reflecting and analytical skills

**Assessment**
- Practical 40%
  Teacher observation, self assessment and reflective evaluation on 2 sport/recreation/fitness activities.
- Group activity 30%
  One group project based on planning, organising and participating in a sports tournament at MSC.
- Folio and Discussion 30%
  Focussed on an issue related to sport, recreation or fitness.

**Pathways**
This subject is a desirable preparation for SACE Stage 2 Integrated Learning (Sport and Recreation)

**Further information**
Opportunity to attend local recreational activity excursion (for example, bike riding, indoor climbing, trail walking).
Excursion cost of approximately $10.