

# Physical Education

## (Sport and Recreation)

**Level:** Stage 2

**Course length:** Full year  
or Semester 1 only

**Credit value:** 20 Credits (Full Year)  
10 Credits  
(Semester 1 only)

### Advice to students

No background knowledge is required. An interest in and willingness to participate in sport, recreation and fitness activities is essential to this subject.

### Course overview

Integrated learning II (Physical Education – Sport/Recreation) is a school developed program focussing on all aspects of sport, recreation and fitness activities. Activities may include involvement in the Pedal Prix and other College events, as a focus for planning, marketing, organising and participating in sport and recreation events.

The course has a focus on skill development and collaboration to aid students in developing their planning, organisational, collaborative, research, reflecting and analytical skills.

### Assessment

Students demonstrate evidence of their learning through the following assessment types.

*School Assessment* 70%

- Practical 30%  
Teacher observation, self-assessment and reflective evaluation on 3 sport/recreation/fitness activities
- Group activity 20%  
One group project based on planning, organising and participating in the Marden Senior College Pedal Prix team.
- Folio and discussion 20%  
Focussed on an issue related to sport, recreation or fitness.

*External assessment* 30%

- Individual project developed by the student either research-based or practical-based or combination of both related to sport/fitness/recreation.

### Pathways

Integrated Learning II (Physical Education – Sport/Recreation) is suitable preparation for a number of University or TAFE courses including Bachelor of Sport, Health and Physical Activity and Certificate III in Fitness.

### Further information

Students may be involved in some negotiation in determining practical activities and are able in some instances to choose self-directed or special projects. There may be a cost involved for some activities.

### Please note:

Subject to SACE Board changes to the approved subject outline.